



## Home Eye Test

This home vision test is provided to check your vision. It is not a substitute for an eye examination and doing well does **NOT** mean that you do not need an eye exam.

### [See when should I get my eyes examined.](#)

Open the downloaded pdf file with Adobe Reader. You can either print the chart or use your computer monitor.

Print the eye chart on a letter sized paper 8 1/2" x 11". **You must have your printer settings set to print actual size, or uncheck the Print to Fit option.** Check that the big **E** in the eye chart measures 45mm / 1.75 inches in height.

You may also use your laptop screen, but you will need to carefully zoom in or out to adjust the letter size so that the big **E** measures 45mm / 1.75 inches in height.

The test is taken at a distance of 10 ft. with glasses on, if worn. Cover one eye with your palm or a piece of paper. Do not press on the eye. It may help to blink a few times occasionally during the test. Test the right eye first, then the left. The vision is the smallest line where more than 1/2 of the letters can be seen and is on the far right side of the chart. 20/20 vision is line 8, above the red line.

[SafeEyesAmerica.org](http://SafeEyesAmerica.org)

45mm / 1.75 inches

E

20/200

F P

20/100

T O Z

20/70

L P E D

20/50

P E C F D

20/40

E D F C Z P

20/30

F E L O P Z D

20/25

D E F P O T E C

20/20

L E F O D P C T

F D P L T C E O

P E Z O L C F T D