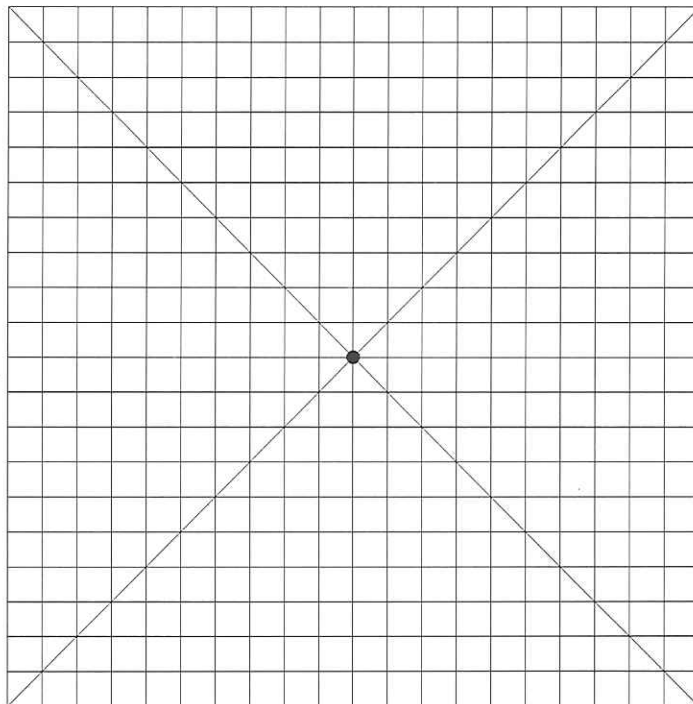


Home Use of the Amsler Grid

1. Perform the examination at reading distance, wearing your reading glasses and using good light.
2. Cover one eye and look directly at the center dot in the grid.
3. **Look only at the center dot.** Using your side vision, check for any irregularities, wavy lines, cloudy areas, or blind spots on the grid.
4. Cover the other eye and repeat the test with the second eye—waiting several seconds to be sure the eye is clear.

If you notice any **CHANGES** in the grid that were not present before, telephone within 48 hours to report your symptoms and arrange a priority appointment.



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